There are difficulties recruiting into medical specialities and consultant physician posts are under-filled. Many are deterred by the thought of being a medical registrar. Additionally, the Covid-19 pandemic has significantly disrupted training and education opportunities, with many trainees unsure of what each speciality entails.

The new 2019 IMT curriculum enables a supported transition to the role of medical registrar and the opportunity to encounter a range of medical specialities. The Royal Devon and Exeter (RD&E) Associate College Tutors (ACTs) wanted to inspire medical students and junior doctors to undertake IMT and organised the first South-West regional recruitment event for this purpose.

IMT can be perceived as a challenging undertaking to medical students and junior doctors; particularly the concept of being a medical registrar. These data show that this event helped to educate and attract potential trainees for IMT by providing inspiring and relevant talks with the chance to question the speakers. It has had a positive impact regarding future applications; most notably for those that were unsure about IMT. It is important that medicine continues to recruit trainees to expand the national workforce numbers. Events like these may be invaluable to the recruitment process.

84 attended with the majority (86%) viewing online. 68 completed the survey; 47 foundation doctors, 11 trust grade doctors and 8 medical students. Attendees were asked to score themselves on a scale of 1-5 (1=knowing nothing, 5=knowing everything) regarding their knowledge of IMT and the application process. The average score prior to attending was 2.8 and the average score after attending was 4; demonstrating an increase of 1.2 points.

100% said they would recommend this event.

Number of attendees planning on undertaking IMT pre and post event

Pre Post

<table>
<thead>
<tr>
<th>Yes</th>
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<tbody>
<tr>
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<td>1</td>
</tr>
<tr>
<td>48</td>
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<td>3</td>
</tr>
<tr>
<td>4</td>
<td>1</td>
<td>27</td>
</tr>
</tbody>
</table>

84 attended with the majority (86%) viewing online. 68 completed the survey; 47 foundation doctors, 11 trust grade doctors and 8 medical students.

There was an increase in those choosing to apply for IMT from 54% to 70.5% after attending; with a decrease of 4.5% in those who initially said they would not be applying for IMT and a decrease of 12% in those that were unsure (see graph below).

Attendees were asked to score themselves on a scale of 1-5 (1=knowing nothing, 5=knowing everything) regarding their knowledge of IMT and the application process. The average score prior to attending was 2.8 and the average score after attending was 4; demonstrating an increase of 1.2 points.

100% said they would recommend this event.

**Feedback & Results**

**Materials & Methods**

Two ACTs organised the event with the help of their College Tutor, postgraduate department, deanship and the RCP. It was held 6-8.30pm 04/11/2021 in the RD&E lecture theatre with the option of attending in-person or online via Microsoft Teams *free of charge to South-West medical students /juniors doctors*

The online format was particularly important; given the social distancing rules applied in the current Covid-19 pandemic. Split into two parts with a range of speakers (open to questions); “Why you should consider a career in medicine” and “Practicalities of IMT”. (see programme to the right).

Attendees completed a survey post-event.

**Conclusion**

IMT can be perceived as a challenging undertaking to medical students and junior doctors; particularly the concept of being a medical registrar. These data show that this event helped to educate and attract potential trainees for IMT by providing inspiring and relevant talks with the chance to question the speakers. It has had a positive impact regarding future applications; most notably for those that were unsure about IMT. It is important that medicine continues to recruit trainees to expand the national workforce numbers. Events like these may be invaluable to the recruitment process.