

Royal College of Physicians No Quantum of SOLace: CNS Mucormycosis in a Patient with Un-controlled Diabetes Mellitus Umbreen Nadeem, Internal Medicine Trainee

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INTRODUCTION

- Cerebral mucormycosis is a rare but fatal infection, primarily seen in immunocompromised individuals.
- It is caused by the fungi of the class Mucormycetes.
- ❖ We describe a case of cerebral mucormycosis in a patient with uncontrolled diabetes mellitus

CASE DESCRIPTION

- A 38 year old Pakistani man with a history of poorly controlled diabetes mellitus was admitted with a 4 week history of generalized lethargy, night sweats and weight loss.
- On initial examination, he was pyrexial and had enlarged supraclavicular lymph nodes.

HOSPITAL COURSE

Week 1:

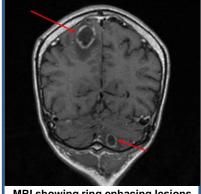
- ❖ The patient was initiated on antibiotics for pneumonia, and insulin for his diabetes
- He underwent bronchoscopy to rule out tuberculosis(TB)

Week 2:

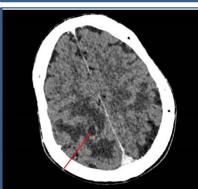
- He developed sudden onset left leg weakness
- CT head demonstrated right sided brain lesions with surrounding vasogenic edema
- ❖ MRI brain confirmed ring –enhancing lesions, likely tuberculomas.
- ❖ He was initiated empirically on TB treatment and intravenous steroids

Week 3 -4:

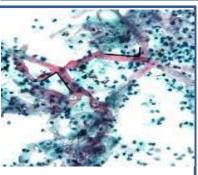
- ❖ He developed signs of meningism and bulbar weakness
- * Repeat CT head now revealed bilateral ring enhancing lesions with worsening of vasogenic edema.
- ❖ Neurosurgeons performed mini-craniotomy, with aspiration of a right parietal brain abscess.
- Histology and culture confirmed the presence of hyphae of Apophysomyces variablis, a mucoraceous mold.



MRI showing ring enhacing lesions



CT head showing worsening vasogenic edema



Pauci septate hyphae Source: www.wikidoc.org

HOSPITAL COURSE (continued)

- * TB treatment was ceased, and antifungal treatment was commenced.
- ❖ Week 5:
- Patient progressively deteriorated with significant impairment of his level of consciousness.
- ❖ Multidisciplinary team and family made a unanimous decision for palliation.

DISCUSSION

- ❖ Currently, there is no standardized non-culture-based test of serum or CSF.
- There is no NICE UK guideline for the management of mucormycosis
- ❖ Diagnosis is on the basis of clinical suspicion, imaging and sampling.
- Etiological agent identification is via direct microscopy, culture and immunohistochemical staining.
- Management involves prompt institution of antifungal treatment and surgical intervention, such as debridement.

TAKE-HOME POINTS

- Cerebral mucormycosis can present clinically and radiologically as cerebral tuberculosis.
- ❖ It is imperative to maintain an elevated level of clinical suspicion for atypical infections, especially fungal infections, in immunocompromised patients presenting as TB.
- ❖ Cerebral mucormycosis is difficult to diagnose, difficult to treat and difficult to survive.

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