Introduction

We have previously described pneumothorax (PTX) and pneumomediastinum (PM) in COVID-19.1 Incidence is approx. 1%, and usually associated with a poor prognosis.

Reference

Martinelli AW, Ingle T, Newman J et al. COVID-19 and pneumothorax: a multicentre retrospective case series. Eur Respir J. 2020 Nov

19;56(5):2002697

Methods

With Caldicott approval, all patients with Covid-19 with PTX and PM are flagged to the pleural service for ongoing analysis.

Demographics and outcomes are collected.

Results

- 46 were identified (Total: 4506, 01/03/20-02/01/22): mean age 57.5 years (range 19-91).
- 37 (82%) male, 45 white Caucasian, 1 South East Asian, 20 ex-smokers, 8 never smokers, 1 current smoker & the rest unknown.
- Respiratory comorbidity was most commonly COPD (12), asthma (4), combined pulmonary fibrosis and emphysema (1), previous TB (1), & active lung cancer (1). Average estimated frailty score was 2 (range 1-6). Mean BMI was 28 (range 18.5-46.7), mean height 1.72m (range 1.55-1.84).
- Average number of days to air leaks is 13.

Results

- 29 patients had PTX [16 isolated PTX (including 6 bilateral)] & 22 had PM (4 isolated PNM).
- 18 patients had concurrent surgical emphysema.
- 10 patients were intubated at the time of air leak, 16 on CPAP or HFNC, 13 on oxygen, the rest on air.
- 32 were managed conservatively. Others had a variety of small, large bore and subcutaneous drains and 1 was transferred for ECMO.

There were 10 deaths with 1 directly due to PTX in a 91 yr old, CFS of 6 and intercurrent stroke. 1 was associated with PM, CFS 2 & lung cancer, 1 85 yr old with CFS 4 & COPD, 1 82 yr old with CFS 3 on CPAP & the rest were on mechanical ventilation).